



Our Patient and Community Education Flipcharts

Reach has been supported by Edwards Lifesciences Foundation's [Every Heartbeat Matters Initiative](#), initially through our RHD Action partnership with the World Heart Federation and now independently, to develop and disseminate three patient education flipcharts and one community awareness flipchart. While each flipchart has a unique target audience, all are designed to enable health workers to communicate with their community about rheumatic fever (RF) and rheumatic heart disease (RHD).

How do the flipcharts work?

For each topic, there is a page for the health worker and a corresponding page for the patient. The health worker page shows, in dot points, the key messages to teach the patient. The patient page shows pictures that illustrate the information being explained.

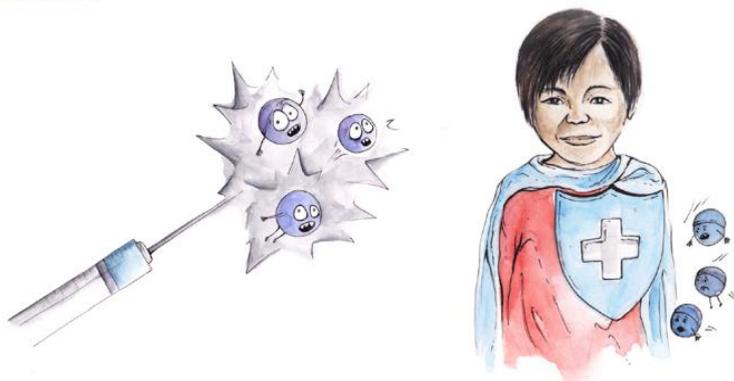
Stay healthy with regular treatment



- Once you have had RF, or have developed RHD, it is extremely important to prevent further episodes of RF.
- Every time you have RF, your heart can get damaged.
- To stop RF, we must stop the strep infection that causes it.
- The strep germ can be killed with a medicine called Benzathine Penicillin G, or "BPG".
- You need BPG in your body all the time to kill any strep germs that enter your body.
- By stopping the strep germ, you are preventing more episodes of rheumatic fever and more heart damage.
- BPG protects you and helps keep your heart strong.

← Health worker page

Stay healthy with regular treatment



← Corresponding Patient Page



What topics do the flipcharts cover?

1. The introductory flipchart, ***Rheumatic Fever and Rheumatic Heart Disease***, is written for patients who are newly diagnosed with RF or RHD. It outlines key information that patients and their families need to know about managing the disease. It also includes a small section for women of reproductive age with RF/RHD.



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To stop rheumatic heart disease

**Rheumatic Fever and
Rheumatic Heart Disease**
Patient Education Flipchart



2. The *Rheumatic Heart Disease and Pregnancy* flipchart includes comprehensive information about managing pregnancy and RHD. It begins with an educational section for health workers which covers important pre- and post-natal information, followed by the flipchart which is used with patients.



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To stop rheumatic heart disease

Rheumatic Heart Disease and Pregnancy

A patient education flipchart for pregnant women with RHD



3. The *Rheumatic Heart Disease and Surgery* flipchart is intended to help give RHD patients needing surgery an understanding of the types of procedures as well as pre- and post-operation preparation. Special care has been given to help communicate the importance of medicines following surgery.





4. Finally, the **Community Awareness** flipchart is designed for community and primary care providers to use with at-risk communities. Recognising that awareness of the disease in communities is often low, this flipchart aims to support prevention and early diagnosis by increasing community knowledge and awareness of the risk of untreated sore throat and of the signs and symptoms of RF.



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To stop rheumatic heart disease

**Rheumatic Fever and
Rheumatic Heart Disease**
Community Awareness Flipchart

Further Details

The flipcharts were assessed by our Community Advisory Network prior to finalisation and are being piloted in Brazil. They are currently available in **English**, **Portuguese** (Brazil), and **French**, with translation into other languages (like Swahili) underway.

For further details, or if you think one or more of these flipcharts will be useful for your community, please feel free to get in touch with Jessica at: Jessica.abrams@stoprhd.org.